

# PSALM 27-32

## WEEK IN REVIEW + FAMILY GUIDE

### WEEK IN REVIEW

In the Psalms we read this week, so many times the author described how God's people get to have **confidence**. Confidence is a firm trust or belief in yourself, a person, or an outcome. As Christians, our faith gives us confidence for many reasons. Psalm 27:12-13 says, "For they accuse me of things I've never done; with every breath they threaten me with violence. Yet I am confident I will see the Lord's goodness while I am here in the land of the living." What this means is that even though we will face hard times, temptation to sin, or hurt in our lives, we never have to see defeat as the end of our story! God has made many promises to us, and we can have peace in knowing that God has won our battles!

Another word used plenty of times in this week's Psalms is "**honor**." To honor means to have high respect for someone. When the Bible instructs us to honor God, it tells us to do so for His glory, His strength, and His name. So how do we honor God? One way to honor God is to praise Him. Psalm 30:11-12 says "You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy, that I might sing praises to you and not be silent. O Lord my God, I will give thanks to you forever!" Recently, we have learned about worship (Family Bible Reading Plan, Psalm 3-8 if you want a refresher!), and how worship does not just have to be singing! Honoring God is a form of worship, and we can do this simply by being thankful and in awe of God's goodness to us! When we are thoughtful and every day give thanks to God for the joy He has given us, we are honoring our Father in Heaven, and worshipping Him too!

Lastly this week, we read many times about how God gives us **strength**. Now, the kind of strength the author is talking about is not big arm muscles or the ability to lift super heavy things- it is strength in our minds and our heart! Our minds are strengthened by the confidence we have in God, and our hearts are strengthened by the love He has given us! Our minds and our hearts need strength because the world around us may tell us lies or hurt our feelings. God knew this, and He did not leave us to try and make it through this life on our own! The strength in our minds and hearts is a gift from God that helps us as we live our lives in the broken world.

## FAMILY GUIDE

<b>BIG IDEA:</b>	<ul style="list-style-type: none"><li>● We can have confidence in God!</li></ul>
<b>KEY STORIES:</b>	<ul style="list-style-type: none"><li>● God is our Strength and our Helper</li><li>● We must Honor the Lord</li><li>● He turns our Mourning into Joyful Dancing</li><li>● God Gifts us Strong Minds and Hearts</li></ul>
<b>KEY VERSES:</b>	<ul style="list-style-type: none"><li>● <b>Psalm 27:13</b><ul style="list-style-type: none"><li>○ “Yet I am confident I will see the Lord’s goodness while I am here in the land of the living”</li></ul></li><li>● <b>Psalm 28:7</b><ul style="list-style-type: none"><li>○ “The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst in songs of thanksgiving.”</li></ul></li><li>● <b>Psalm 30:11</b><ul style="list-style-type: none"><li>○ “You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy”</li></ul></li><li>● <b>Psalm 31:15</b><ul style="list-style-type: none"><li>○ “My future is in your hands. Rescue me from those who hunt me down relentlessly.”</li></ul></li></ul>
<b>WORDS TO KNOW:</b>	<ul style="list-style-type: none"><li>● <b>Confidence</b><ul style="list-style-type: none"><li>○ A firm trust or belief in yourself, a person, or an outcome</li></ul></li><li>● <b>Honor</b><ul style="list-style-type: none"><li>○ To have high respect for someone</li></ul></li><li>● <b>Strength</b><ul style="list-style-type: none"><li>○ Resilience and spiritual power that is a gift from God</li></ul></li></ul>

## Reflection Questions

<b>1.</b>	What are some ways you can honor God this week?
<b>2.</b>	What is a time you remember God giving you strength?
<b>3.</b>	How can having confidence in God give you strength each day?