

# PSALM 3-8

## WEEK IN REVIEW + FAMILY GUIDE

### WEEK IN REVIEW

This week, we read through Psalms 3-8. The first of these is Psalm 3, and a good word to capture the main idea in this book is **confidence**. Confidence is a firm trust that you can rely on and believe in someone else. As Christians, we have confidence in God! The Psalmist writes about how he has so many enemies and people who are against him, yet every day he gets to know that the Lord is with him! We too can have this confidence. God is our friend, He is near to us, and He loves us, even when we feel like people around us aren't! Even at night when we go to sleep, we can be sure of God's protection and that He is watching over us. Both Psalm 3 and Psalm 4 have verses that speak on God protecting us in our sleep!

In Psalm 5, God's love is described as **unfailing**. What does it mean for love to be unfailing? It means that even when we make mistakes, God's love does not fail. God loves you every second, of every minute, of every hour, everyday, forever and ever! When we love God in return, we experience so much joy in our hearts! It doesn't end there though, God's love is powerful! In Psalm 6, the Psalmist calls on God and asks Him, "save me because of your unfailing love." God's love is not just the way He feels about us, it also motivates His actions! John 3:16 says, "For God so loved the world, He gave His one and only Son, that all who believe in Him shall not perish but have eternal life." This is the Gospel, and did you catch the why? Because God so loved the world!

Psalm 8 is **worship**. Worship is what we do when we give glory to God, praise His name, thank Him, and surrender. As we read through the Psalm and believe it in our hearts, we are worshipping God! One point the Psalmist made is that God is in charge of all of creation. He could have done anything He wanted to! God could have made a whole world just for Himself; He didn't need to create us. So why did He? The same reason God eventually sent His Son to die for our sins, it is all because God loves us! God set the moon and the stars in the sky, His glory is higher than the heavens, He silences all of His enemies, and He chose to create you and me! For the Psalmist, worshipping God looked like singing songs of praise, but there are other ways we can worship! You could pray, you could dance, you could do art, you could read, you could write; the list goes on and on! All that matters when you worship is that you have your heart and mind focused on God.

## FAMILY GUIDE

<b>BIG IDEA:</b>	<ul style="list-style-type: none"><li>● We are called to keep our heart and mind focused on God</li></ul>
<b>KEY STORIES:</b>	<ul style="list-style-type: none"><li>● Psalm 3- Confidence in troubled times</li><li>● Psalm 4- A night prayer</li><li>● Psalm 5- The refuge of the righteous</li><li>● Psalm 6- A prayer for mercy</li><li>● Psalm 7- Prayer for Justice</li><li>● Psalm 8- God's Glory, Human Dignity</li></ul>
<b>KEY VERSES:</b>	<ul style="list-style-type: none"><li>● <b>Psalm 3:3</b><ul style="list-style-type: none"><li>○ "But you, O Lord, are a shield around me, you are my glory, the one who holds my head high."</li></ul></li><li>● <b>Psalm 5:7</b><ul style="list-style-type: none"><li>○ "Because of your unfailing love, I can enter your house; I will worship at your Temple with deepest awe."</li></ul></li><li>● <b>Psalm 8:1</b><ul style="list-style-type: none"><li>○ "O Lord, our Lord, your majestic name fills the Earth! Your glory is higher than the Heavens."</li></ul></li></ul>
<b>WORDS TO KNOW:</b>	<ul style="list-style-type: none"><li>● <b>Confidence</b><ul style="list-style-type: none"><li>○ A firm trust that you can rely on and believe in yourself or another person</li></ul></li><li>● <b>Unfailing</b><ul style="list-style-type: none"><li>○ Constant, reliable, and never-ending</li></ul></li><li>● <b>Worship</b><ul style="list-style-type: none"><li>○ The act of showing love, honor, and adoration to God</li></ul></li></ul>

## Reflection Questions

1.	Remember, we can have confidence in God! What are some areas of your life that you could be more confident in God's power?
2.	How have you seen God's unfailing love in your life?
3.	What are some ways you could worship this week?